

What is oral sex?

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Some like it hot, some like it quick and some like it tender. And a lot of us like it oral. In the end is only a matter of personal taste, but a large number of men and women think that regular intercourse is fun, but cumbersome and not suited for every opportunity. Oral sex, on the other hand, is a huge turn on for them. They enjoy the feeling of another person's tongue slithering over their private parts and also that of their own lips wrapping around a penis or clitoris.

Men are usually thought to be the most eager for oral sex and many armchair psychologists are sure that the preference for oral sex is a way of demeaning the woman and turning her from a human being into an object that provides sexual pleasure on demand. But other psychologists have doubts about the accuracy of such opinions. It's worth noting that women enjoy cunnilingus performed by men just as much as men enjoy fellatio. It's not often that one hears about a woman who turned down a man willing to go down on her. Oral sex is a sort of umbrella term designating all sexual practices that involve the use of the tongue, mouth and even throat (you know when) to stimulate the genital organs. This kind of sex may be used as foreplay, as an equivalent for intercourse, as a means of reaching the climax after intercourse and even following intercourse. It also may be used as a form of contraception, coming from the idea that conception can never occur because the sperm does not enter the vagina. Nevertheless, couples should still be careful if their preferred method of sex is intercourse followed by oral climax because this contraception method is not 100 percent safe. Pregnancies can still happen, mainly because of poor timing on the withdrawal.

The three big types of oral sex are: fellatio, cunnilingus and anilingus. Fellatio is the oral stimulation of the penis and is usually performed by taking the head of the penis and part of the shaft in the mouth. Caressing the testicles with the tongue is also common during fellatio. Oral stimulation may be aided by hand stimulation of the penis in order to increase pleasure and speed up the orgasm. A well-known variation of fellatio is called "deep throat" and it focuses on taking the entire penis in the mouth. In this case, the head of the penis is pushed down the throat of the person performing fellatio.

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Cunnilingus is the act of using the lips and the tongue to stimulate the female genitals and especially the clitoris, which is the most sensitive part of a woman's sexual organs. Oral sex and masturbation are two very good options for giving a woman an orgasm, since studies have shown that only one third of all women can reach orgasm easily through intercourse. The genital organs of women are more complex than the male penis, which means that men have to learn how to please their partners on an individual basis. It is common to insert a finger or sex toy in the vagina or anus during cunnilingus.

And, finally, anilingus is the technique of stimulating the anus with the lips or by forcing the tongue into the sphincter muscle. Although many people believe that the practice of anilingus is restricted to the gay community, it is in fact practiced by people of all sexual orientations. The anus contains nerve endings similar to the genitalia, which makes oral stimulation very arousing.